

XT - LIFE ORIENTATION Grade 3

Name: _____

Class: _____

Subject: Healthy eating, healthy living

Date: _____

Total Marks: 9

Questions 1 to 3 refer to the following graphic

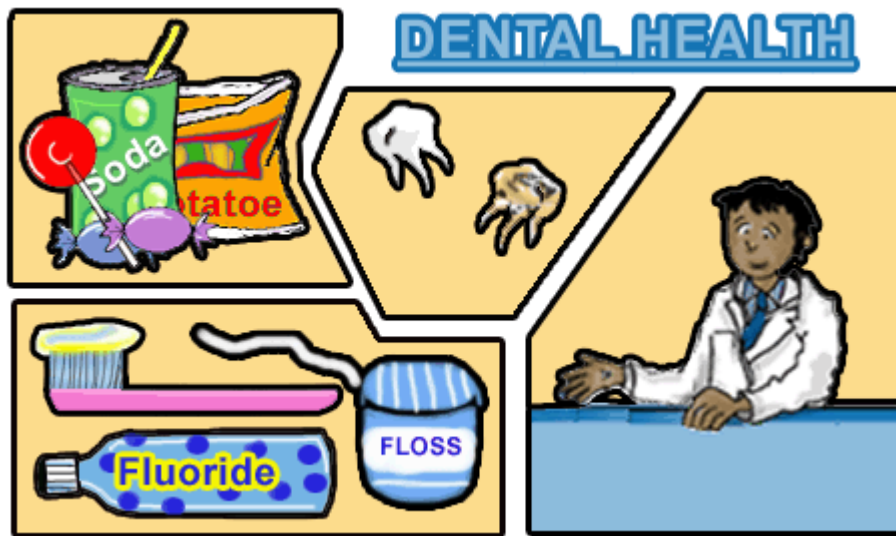


Figure 1: 3MC35.GIF

Question 1: True/False [1]

Life Orientation - LO 1 : AS 1

Too much sugar can cause cavities in your teeth.

TRUE

FALSE

Question 2: Cloze [1]

Life Orientation - LO 1 : AS 1

(I) makes your teeth strong and protects them from cavities.

1

►Fluoride

►Plaque

►Bacteria

Question 3: Multiple Choice [1]

Life Orientation - LO 1 : AS 1

Brush your teeth at least ... a day - after breakfast and before bedtime.

A twice

B once

C five times

Questions 4 to 5 refer to the following graphic

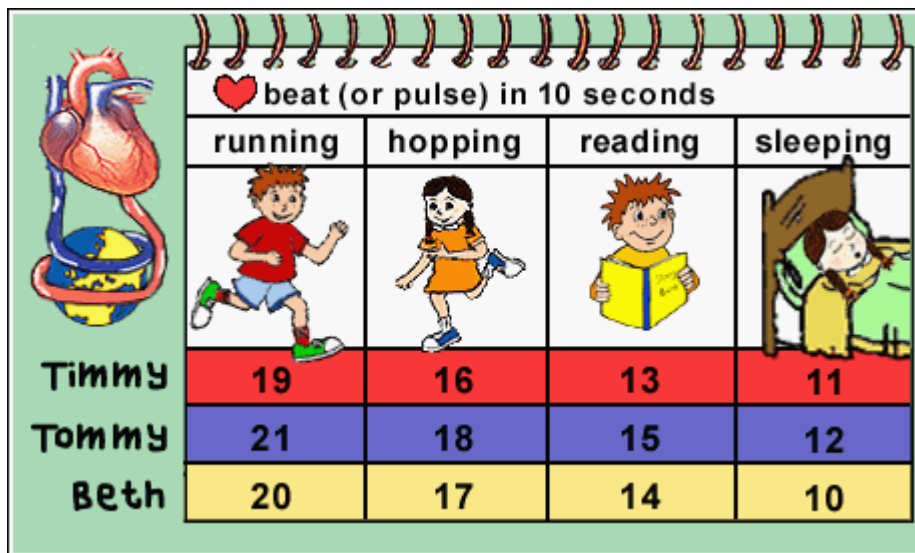


Figure 2: 3DH21.GIF

Question 4: Cloze [1]

Life Orientation - LO 1 : AS 1

The (I) carry the blood from the heart.

1

▶veins

▶lungs

▶legs

Question 5: Socrates [1]

Life Orientation - LO 1 : AS 1

... carries oxygen from your lungs to other parts of your body.

Questions 6 to 8 refer to the following graphic

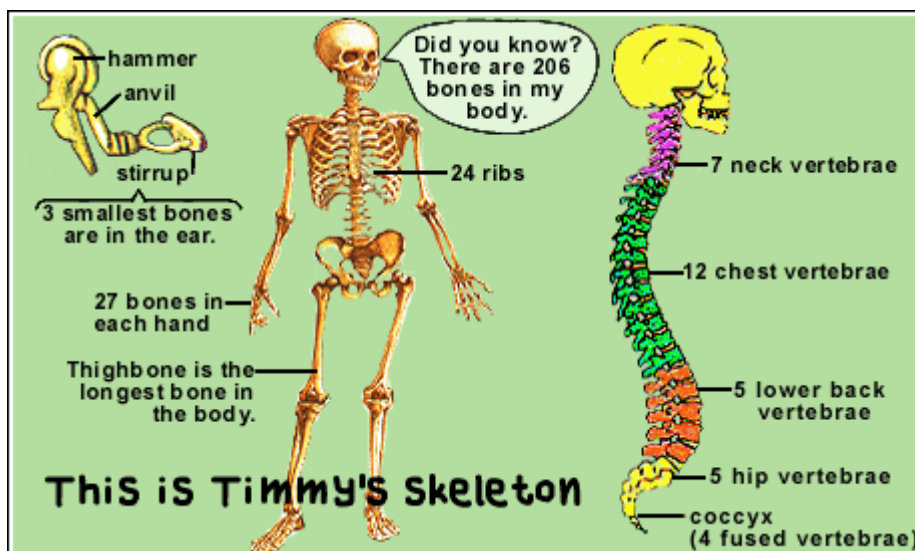


Figure 3: 3dh20

Question 6: Cloze [1]

Life Orientation - LO 1 : AS 1

The longest bone in the body is the (I) bone.

1	
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▶thigh

▶spine

▶anvil

Question 7: Multiple Choice [1]

Life Orientation - LO 1 : AS 1

Match the words to the correct sentence.

Four fused vertebrae at the end of the spine.

 A femur B hammer C coccyx

Question 8: Multiple Choice [1]

Life Orientation - LO 1 : AS 1

Match the words to the correct sentence.

They protect the heart and the lungs.

 A ribs B hammer C femur

Question 9 refers to the following graphic

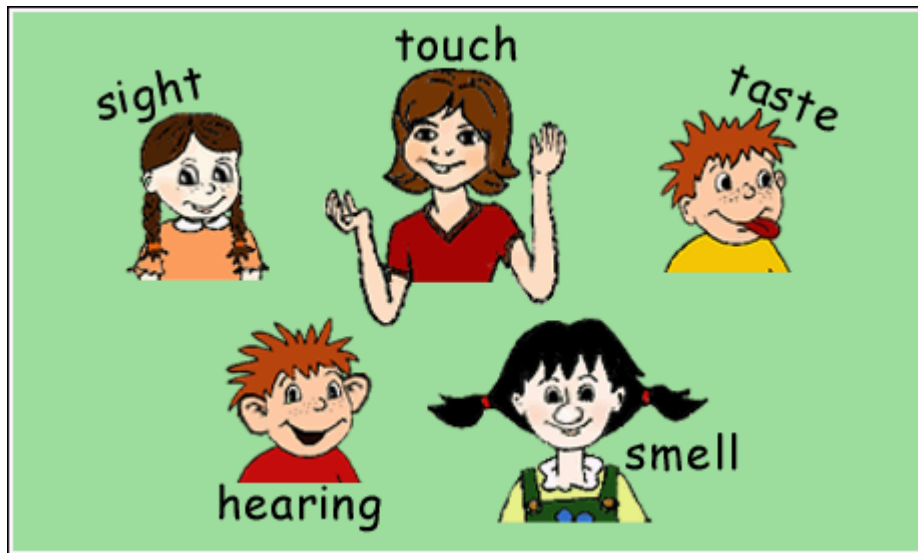


Figure 4: 2VZ1D.GIF

Question 9: Socrates [1]

Life Orientation - LO 1 : AS 1

The ... controls everything you do.

9 Questions, 4 Pages